



DEFIANCE



2017 Pitching and Catching School

Date(s): January 15, 22 and 29 (All Sundays)
Time: 12:00 – 2:00 pm
Cost: \$75 – includes all sessions
Location: George M. Smart Athletic Center – Defiance College
Who: Pitchers and/or Catchers (**Grades 7-12**)

Description:

The Pitching and Catching School will provide six total hours of instruction on three consecutive Sundays. By enrolling, players will receive extensive instruction and practice. Campers will be introduced to a complete series of drills and techniques to help them prepare for the upcoming baseball season.

Pitching

- Pitching Mechanics
- Throwing Drills
- Change-up Drills
- Curve Ball Drills
- Off-Season Conditioning

Catching

- Stances
- Receiving
- Blocking
- Throwing/Footwork
- Mental Side of Catching

For More Information Contact:

Tom Held – Defiance High School Baseball: theld@defcity.org
 Derek Woodley – Defiance College Baseball: dwoodley@defiance.edu

Online Registration Available at: www.DefianceCollegeBaseball.com

Pitching/Catching School Registration Form

Player's Name: _____

Parents' Names _____

Address: _____ City: _____ State: _____ Zip: _____

School _____ Grade _____ Age _____

Home Phone _____ Cell _____ Email _____

Position: (Check one) Pitcher _____ Catcher _____

Agreement and Release of Liability

I and my heirs release Defiance College, Defiance High School and all its employees, officers, and agents from liability for damages to or loss of any personal property, sickness and injury from whatever source, legal entanglement, imprisonment, death, loss of money, etc. for which the college is not liable which might occur participating in this camp. I also authorize Defiance College to provide the necessary medical care if needed.

Parent/Guardian Signature _____

Enclosed is my check made payable to **Defiance Baseball Camp** for \$ _____

Please return to:

Defiance College Baseball Camps
 Attn: Michelle Trubey
 701 North Clinton St.
 Defiance, OH 43512