



DEFIANCE



2020 Pitching and Catching School

- Date(s):** January 12, 19 and 26 (All Sundays)
Time: 12:00 – 2:00 pm
Cost: \$80 – for all (3) sessions OR Individual Sessions (\$30/Session)
Location: George M. Smart Athletic Center – Defiance College
Who: Pitchers and/or Catchers (**Grades 6-12**)
Description:

The Pitching and Catching School will provide six total hours of instruction on three consecutive Sundays. By enrolling, players will receive extensive instruction and practice. Campers will be introduced to a complete series of drills and techniques to help them prepare for the upcoming baseball season.

- Pitching**
- Pitching Mechanics
 - Throwing Drills
 - Change-up Drills
 - Curve Ball Drills
 - Off-Season Conditioning

- Catching**
- Stances
 - Receiving Drills
 - Blocking Drills
 - Throwing/Footwork Drills
 - Mental Side of Catching

For More Information Contact:

Tom Held – Defiance High School Baseball: theld@defianceschools.net
 Derek Woodley – Defiance College Baseball: dwoodley@defiance.edu

Online Registration Available at: www.DefianceCollegeBaseball.com

Pitching/Catching School Registration Form

Player's Name: _____

Parents' Names _____

Address: _____ City: _____ State: _____ Zip: _____

School: _____ Grade _____ Age _____

Emergency Phone: _____ Email _____

Position: (Check one) Pitcher _____ Catcher _____

Sessions:

_____ **All (3) Sessions (\$80)** or Individual Sessions _____ **Jan. 12 (\$30)** _____ **Jan. 19 (\$30)** _____ **Jan. 26 (\$30)**

Enclosed is my check made payable to **Woods Baseball LLC** for \$ _____

Please return to:
 Woods Baseball LLC
 1435 Riverbend Dr.
 Defiance, OH 43512

Online Registration Available at: www.DefianceCollegeBaseball.com

Agreement and Release of Liability

I and my heirs release Defiance College, Woods Baseball LLC and Defiance High School and all its employees, officers, and agents from liability for damages to or loss of any personal property, sickness and injury from whatever source, legal entanglement, imprisonment, death, loss of money, etc. for which the college is not liable which might occur participating in this camp. I also authorize Woods Baseball LLC to provide the necessary medical care if needed.

Parent/Guardian Signature _____